

End of life planning and support with Wellthy

Whether you're proactively planning ahead, caring for a loved one through their end of life journey, or facing a sudden loss, Wellthy's compassionate care experts are here to help you figure out what comes next. When you enroll in Sun Life life's insurance, Wellthy is available to you, your beneficiary, and your loved ones who are caring for you when you need it.

HOW WELLTHY HELPS



Planning for the future

- Share resources for preparing a will, advanced directive, healthcare power of attorney, and documenting wishes for end of life
- Find and assess estate attorneys and other legal resources
- Offer tools and checklists to plan and keep everything organized
- Provide guidance on starting the process and having the conversation with loved ones



Navigating care during end of life

- Vet providers for comfort care services such as hospice, palliative care, doula
- Schedule and track medical appointments
- Explore options and arrange respite care for the caregiver
- Work with insurance providers to verify coverage for comfort care needs



Managing a loss

- Evaluate funeral and burial options and coverage, in particular through the VA
- Find estate attorneys and other legal and financial support resources
- Help families through the first steps immediately after a loss
- Support with identifying/resolving any outstanding bills, insurance claims
- Explore resources for closing accounts and managing digital assets
- Navigate survivor benefits through U.S. Social Security, the VA, employer unions



Providing support following a loss

- Locate bereavement support such as counseling services, therapy, or support groups
- Connect families with employer-sponsored mental health and bereavement resources, if available
- Share resources and advice for coping, self-care, and emotional well-being
- Arrange meal and grocery delivery for grieving families



Supporting pregnancy and postpartum loss

- Identify lactation after loss services and resources
- Vet and schedule appointments with the right providers and specialists, for both parents